### Clonal hematopoiesis of indeterminate potential: A joint risk factor for cancer and atherosclerosis

#### Pradeep Natarajan, MD MMSc

Director of Preventive Cardiology, MGH Paul & Phyllis Fireman Endowed Chair in Vascular Medicine, MGH Associate Professor of Medicine, HMS Associate Member, Broad Institute @pnatarajanmd 🕥 October 18-19, 2021 AGS/NIA/ACC U13 Washington, DC





CORRIGAN MINEHAN HEART CENTER





- Current funding:
  - NHLBI, NIDDK, Fondation Leducq, AstraZeneca, Mass General Hospital, Novartis
- Other financial interests:
  - Prior grants: Amgen, Apple, Boston Scientific
  - Consultant: Apple, AstraZeneca, Blackstone Life Sciences, Foresite Labs, Novartis, Genentech / Roche
  - Spousal employment: Vertex
- Conflicts of interest:
  - None

# 'Clonal Hematopoiesis of Indeterminate Potential'





Welch JS et al. Cell. 2012

Steensma DP et al. Blood. 2015

### 1 in 10 individuals >70 years have CHIP



Natarajan P et al. Circulation: Gen Prec Med. 2018

Corrigan Minehan Heart Center

## Clinical risk factors of CHIP mirror CVD risk factors



	Beta coefficient	OR(95 CI)	p-value	Variance explained	
Age	0.07	1.08(1.07-1.09)	< 0.001	0.06	
European (referent)				0.003	
African-American	0.15	1.16(0.93-1.44)	0.19		
East-Asian	-0.08	0.92(0.71-1.2)	0.56		
Hispanic	-0.37	0.69(0.56-0.85)	< 0.001		
South Asian	-0.25	0.78(0.6-1)	0.057		
No T2D (referent)				0.002	
Has T2D	0.28	1.32(1.14-1.54)	32(1.14-1.54) <0.001		
Male (referent)				0.001	
Female	1.01		0.026		
BMI	-0.02	0.98(0.96-0.99)	0.005	0.001	
Age:Female	-0.02		0.009	0.001	

Jaiswal S et al. N Eng J Med. 2014

### 1.4-fold risk for all-cause mortality

MASSACHUSETTS CENERAL HOSPITAL CORRIGAN MINEHAN HEART CENTER



Genovese G et al. N Eng J Med. 2014

Jaiswal S et al. N Eng J Med. 2014



# CHIP is associated with increased CAD and early-onset MI risk



Jaiswal S, Natarajan P et al. *N Eng J Med*. 2017

### CHIP, particularly 'large CHIP,' is associated with incident CVD risk





### Another form of clonal hematopoiesis is not linked to CAD

b

on Incident Disease HR 95% C а **Overall mortality** UK Biobank [1.05: 1.16] 8.8e-05 MGB Biobank 1.21 [1.08; 1.36] 0.00089 Acquired Cardiovascular risk FinnGen 0.37 1.08 [0.92; 1.26] Overall 1.12 1.07: 1.17 6.3e-07 mutation (MI or stroke) Ρ Blood cancer mortality UK Biobank 144 2.9e-08 [1.26] 1.63] MGB Biobank 1.50 [1.12, 2.01] 0 0 0 7 0.87 0.51 FinnGen [0.59; 1.30] Overall 1.39 [1.24; 1.55] 1e-08 Any loss 0.22 Leukemia mortality Respiratory System Infection UK Biobank 1.7e-09 MGB Bioban 1.25 0.0024 [1.08; 1.44] Any CN-LOH 0.68 FinnGen 1.24 [1.03; 1.48] 0.021 Overall 1.21 [1.15: 1.27] 1.2e-12 Malignant lymphoma mortality Mild (WHO scale 1-3) 0.068 Any gain Moderate (WHO scale 4-6) Severe (WHO scale 7-10) Multiple myeloma mortality 0.67 Any mCA **Ч** Ош 1**8** 0.15 Other cancer mortality DNMT3A loss 0.46 0.68 TET2 loss Cardiovascular mortality Depugdx JAK2 CN-LOH 0.0024 6 7 2 Hazard ratio 턡 0.05 0.5 2 Proportion Risk increase (odds ratio) 0.00 COVID-19 Outcome Loh PR, et al. *Nature*. 2020 Terao C, et al. Nature. 2020 Zekavat SM, ..., Natarajan P. Nature Medicine, 2021

9

Corrigan Minehan

HEART CENTER

Effect of Any Expanded mCA

## Humans and mice with CHIP have a greater burden of subclinical atherosclerosis





Jaiswal S, Natarajan P et al. N Eng J Med. 2017

Corrigan Minehan

HEART CENTER

## Inhibition of NLRP3 inflammasome mitigates atherogenesis in murine model





Fuster JJ et al. Science. 2017

### **CANTOS Trial**

MASSACHUSETTS CENERAL HOSPITAL CORRIGAN MINEHAN HEART CENTER



Ridker PM et al. N Eng J Med. 2017

### CANTOS: TET2 CHIP may predict greater CVD MASSACIUSETS relative risk reduction from IL1B inhibition

• Overall trial: HR 0.85 (Ridker P et al. *NEJM* 2017)

• *TET2* CHIP carriers (104 / 3925): HR 0.36 (Svensson EC et al. AHA Abstract 15111. 2018)

### CHIP-associated CHD risk is specifically abrogated when IL6R p.Asp358Ala is present





## Accelerated ovarian aging is correlated with clonal hematopoiesis

	Surgical Premature Menopause		Natural Premature Menopause		
	Hazard Ratio (95% CI)	P Value <sup>c</sup>	Hazard Ratio (95% CI)	P Value <sup>c</sup>	P Value for Heterogeneity
First cardiovascular disease diagnosis <sup>e</sup>	2.21 (1.66-2.92)	<.001	1.60 (1.42-1.80)	<.001	.04
Coronary artery disease	3.76 (2.42-5.86)	<.001	1.81 (1.44-2.28)	<.001	.004
Heart failure	2.74 (1.42-5.29)	.003	1.56 (1.14-2.16)	.006	.14
Aortic stenosis	3.41 (1.27-9.16)	.02	2.48 (1.62-3.80)	<.001	.56
Mitral regurgitation	3.40 (1.41-8.27)	.007	0.95 (0.52-1.74)	.87	.02
Atrial fibrillation	1.87 (1.14-3.06)	.01	1.44 (1.18-1.77)	<.001	.34
Ischemic stroke	1.18 (0.38-3.66)	.78	1.59 (1.12-2.28)	.01	.62
Peripheral artery disease	2.19 (0.70-6.83)	.18	1.96 (1.27-3.03)	.002	.86
Venous thromboembolism	2.57 (1.41-4.67)	.002	1.68 (1.29-2.20)	<.001	.20

Honigberg M, et al. JAMA. 2019



Corrigan Minehan

HEART CENTER

# CHIP is more common among people living with HIV



Bick A\*, Popadin K\*,..., Natarajan P\*, Fellay J\*. *medRxiv*. 2020 Dharan NJ et al. *Nature Medicine*. 2021

Corrigan Minehan

HEART CENTER

## CHIP is enriched for individuals with an unhealthy diet, and stratifies CHIP-associated CAD risk





Bhattacharya R, ... Natarajan P. *JAMA Cardiology*. 2021 [in press]

### Germline genetic factors influence CHIP

CENERAL HOSPITAL Corrigan Minehan Heart Center



4,431 cases / 85,405 controls

Bick A\*, Weinstock J\*, ..., Kathiresan S\*, Natarajan P\*. Nature. 2020

## Prognosis is worse in the setting of other cardiovascular conditions



#### Heart Failure



Dorsheimer L, et al. JAMA Cardio. 2019

#### Aortic Stenosis



Take home figure Overall survival of patients with DNMT3A- or TET2-CHIP-driver mutations with a variant allele frequency  $\geq 2\%$  vs. patients without DNMT3A or TET2 mutations. "Patients with follow-up <30 days have been excluded in order to remove mortality due to peri-procedural complications.

Mas-Peiro S, et al. Eur Heart J. 2019





- Clonal hematopoiesis of indeterminate potential (CHIP) represents a new risk factor for ASCVD
- CHIP is not readily identifiable by current clinical assessments
- NLRP3/IL1B/IL6 axis inhibition may be a particularly effective strategy to reduce ASCVD risk conferred by CHIP
- CHIP may be implicated in other age-related cardiovascular condition

### Lab



<u>Clinical research coordinators</u> Phoebe Finneran, BS Sara Haidermota, BS Rachel Bernardo, BS

<u>Research nurse</u> Tinamarie Desmarais, RN

<u>Computational biologist</u> Akhil Pampana, MS

<u>High school students</u> Akshaya Ravi

<u>Undergraduate students</u> Adyant Shankar

#### <u>Medical students</u> Abraham Cheloff, BS Lily Dattilo, BS Mark Trinder, BS S. Maryam Zekavat, BS

#### <u>Residents</u>

Melvin Joice, MD Maeve Jones-O'Connor, MBBS Christopher Marnell, MD Akhila Narla, MD Sarah Urbut, MD PhD

#### **Fellows**

Romit Bhattacharya, MD So Mi Jemma Cho, PhD Katharine Clapham, MD Thomas Gilliland, MD Sumeet Khetarpal, MD PhD Derek Klarin, MD Satoshi Koyama, MD PhD Cian McCarthy, MBBS Tetsushi Nakao, MD PhD Margaret Selvaraj, PhD Aeron Small, MD Md Mesbah Uddin, PhD Zhi Yu, PhD

#### Instructors

Michael Honigberg, MD MPP Leland Hull, MD Kaavya Paruchuri, MD Amy Sarma, MD

NHLBI R01HL142711 (Natarajan, Peloso) NHLBI R01HL148050 (Natarajan, Ballantyne) NHLBI R01HL151283 (Natarajan) NHLBI R01HL127564 (Natarajan, Peloso)

NHLBI R01HL148565 (Reiner, Whitsel) NHLBI R01HL135242 (Nguyen) NHLBI R01HL151152 (Kooperberg) NIDDK R01DK125782 (Kelly)

Leducq TNE-18CVD04 (Tall, Sohnlein) MGH Fireman Chair (Natarajan)

http://natarajanlab.mgh.harvard.edu/